

FOODS & NUTRITION RESOURCES

The purpose of this Subject Guide is to provide you with a means to begin your search for information in **Foods and Nutrition**. It offers you an introduction to both print and electronic resources that can be found in the library. For assistance in locating materials or searching databases for journal articles, please see the library staff at the desk.

Remember, we're here to help!

See also: Program Guide pages in Foods and Nutrition:

Follow these links: www.lib.uwo.ca → Program Guides tab → Health Sciences → Food and Nutritional Sciences

Keywords to Get You Started

*Below are some possible subject terms to use in your **subject** or **keyword** search in the library catalogue.*

This is not an exhaustive list, but will help to get you started.

- Amino acids
- Calcium
- Calories
- Carbohydrates
- Cholesterol
- Dairy Products
- Diet
- Diet Therapy
- Dietitian
- Dietetics
- Digestion
- Disease – Prevention
- Drugs
- Drug – Nutrient Interaction
- Eating Disorders
- Ecological Engineering
- Genetically Modified Food
- Fiber
- Food - Additives
- Food – Allergy
- Food – and Agriculture
- Food – and Drugs
- Food – Animals
- Food – Biotechnology
- Food – Chains Ecology
- Food – Composition
- Food – Contamination
- Food – Crops
- Food – Habits
- Food – Handling
- Food – Industry and Trade
- Food – Labeling
- Food – Law and Legislation
- Food – Microbiology
- Food – Poisoning
- Food – Preservation
- Food – Prices
- Food – Quality
- Food – Relief
- Food – Safety
- Food – Security
- Food – Service
- Food – Supply
- Foodborne Diseases
- Herbal Supplements
- Hormones
- Human Ecology
- Human Ecology – Canada
- Human Ecology – History
- Human Ecology – Philosophy
- Human Ecology – Aspects
- International Nutrition
- Lactose Intolerance
- Life cycle nutrition
- Lipids/Fats
- Local Nutrition
- Malnutrition
- Metabolism
- Metabolic Rate
- Minerals
- Nutrient
- Nutrient - Functions
- Nutrition
- Nutrition – Athletes
- Nutrition – Communication
- Nutrition – Children
- Nutrition – Disease
- Nutrition - Education
- Nutrition – Infants
- Nutrition – Older People
- Nutrition – Policy
- Nutrition – Policy – Canada
- Nutrition – Requirements
- Nutrition – Trends
- Nutritional Aspects
- Nutritional Aspects – Pregnancy
- Nutritionally Induced Diseases
- Organic Living
- Proteins
- Sports Nutrition
- Sugars
- Supplements
- Vegetables
- Vegetarianism
- Vitamins
- Water

Medical Guides and Manuals @ Brescia

- **Mosby's Diagnostic and Test Reference**
RB38.2.P12d 2007 (Brescia Reference, no loan)
RB38.2.P12d 2009 (Brescia Circulation, no loan)
- **The 5-Minute Consult Clinical Companion to Women's Health**
RC48.6.F56 2007 (Brescia Reference, no loan)
- **Current Medical Diagnosis & Treatment**
RC71.C97 2008 (Brescia Reference, no loan; older copies avail. in stacks; also available as an electronic book online)
- **Merck Manual of Diagnosis and Therapy**
RC71.M66 2006 (Brescia Reference, no loan; also available as an electronic book online)
- **Mosby's Guide to Physical Examination**
RC76.S45 2003 (Brescia Reference, no loan)
- **Merck Manual of Geriatrics**
RC952.M55 2000 (Brescia Reference, no loan; also a copy available in Brescia stacks and as an electronic book online)
- **Current pediatric diagnosis & treatment**
RJ50.C97 2007 (Brescia Reference, no loan; older copies available in the stacks)
- **Manual of Clinical Dietetics, 6th Ed.**
RM216.A51 M29 (Brescia Reference, no loan; additional copies available in the stacks)
- **Lippincott's Nursing Drug Guide**
RS141.2.K18 2010 (Brescia Reference, no loan; copy also available as an electronic book online)
- **Lippincott's Nursing Drug Guide, Canadian Edition**
On order, coming soon to Brescia Reference
- **Natural Medicines Comprehensive Database, 11th Ed.**
RS164.N28 2009 (Brescia Reference, no loan)

Dictionaries & Glossaries @ Brescia

- **Stedman's Concise Medical Dictionary for the Health Professions**
R121.S81c 2001 (Brescia stacks)
- **Dictionary of Medical Ethics**
R724.D91 (Brescia Reference, no loan)
- **Medical Abbreviations Pocket**
R123.P12 2006 (Brescia Reference, no loan)
- **Mosby's Dictionary of Medicine, Nursing and Health Professions**
R121.M89 2006 (Brescia Reference, no loan; also available as CD-ROM in stacks)
- **Stedman's Medical Dictionary for the Health Professions and Nursing**
R121.S81 2008 (Brescia Reference, no loan; also available on reserve at Circ desk)

Handbooks, Reference Guides and Encyclopedias @ Brescia

- **Encyclopedia of Human Nutrition**
QP141.E56 2005 (Reference, no loan)
- **Handbook of Dietary Fibre**
QP144.F52 C54 2001 (Reference, no loan)
- **Encyclopedia of Food Microbiology**
QR115.E56 (Reference, no loan)
- **Foodborne Infections and Intoxications**
QR201.F62 R55 2006 (Reference, no loan)
- **Handbook of Nutraceuticals and Functional Foods**
QV766.W67 2007 (Reference, no loan)
- **Encyclopedia and Dictionary of Medicine, Nursing and Allied Health**
R121.M64 (Reference, no loan)
- **Encyclopedia of Bioethics**
R724.E56 (Reference, no loan)
- **Encyclopedia of Natural Healing**
R733.G98 (Reference, no loan)
- **Encyclopedia of Human Ecology**
RA776.9.E56 (Reference, no loan)
- **The Metabolic and Molecular Bases of Inherited Disease**
RC627.8 M58 (Reference, no loan)
- **Handbook of Diabetes Medical Nutrition Therapy**
RC662.P88 (Brescia stacks)
- **Geriatric Nutrition: the Health Professional's Handbook**
RC952.5 C52 2006 (Reference, no loan)
- **Pediatric Nutrition Handbook**
RJ206.A51 2009 (Reference, no loan)
- **Pediatric Manual of Clinical Dietetics**
RJ206.P37 2003 (Reference, no loan)
- **Applications and Case Studies in Clinical Nutrition**
On reserve, check at desk for latest copy
- **Krauses Food, Nutrition, and Diet Therapy**
On reserve, check at desk for latest copy
- **Modern Nutrition in Health and Disease**
RM216.M68 2006 (Reference, no loan)
- **Nutrition Diagnosis and Intervention**
RM217.A51 2007 (Reference, no loan)
- **The Health Professional's Guide to Popular Dietary Supplements**
RM258.5 S25 2007 (Reference, no loan)
- **The Jurisprudence Handbook for Dietitians in Ontario**
On reserve, check at desk for latest copy
- **A Guide to Understanding Dietary Supplements**
RM258.5 T14 2003 (Reference, no loan)
- **Nutrient-Drug Interactions**
RM302.4 M97 2007 (Reference, no loan)
- **Compendium of Pharmaceuticals and Specialties**
RS141.23.C73 (Current year only; reference, no loan)
- **Encyclopedia of Medicinal Plants**
RS164 C52 (Reference, no loan)
- **The Merck Index: an Encyclopedia of Chemicals, Drugs and Biologicals**
RS356.M55 2006 (Reference, no loan)
- **Encyclopedia of Food Science and Technology**
TP368.2 E56 2000 (Reference, no loan)
- **Encyclopedia of Food and Culture**
TX349.E56 2003 (Reference, no loan)
- **The Oxford Encyclopedia of Food and Drink in America**
TX349.S64 2004 (Reference, no loan)
- **Eating Well with Canada's Food Guide**
TS360.C2E14 2007 (Reference, no loan; also in stacks)
- **Food and Drugs Act (Canada)**
TX537.C16 (Reference, no loan)

Dietary Reference Intakes

Most Dietary Reference Intakes (DRIs) are found in the Reference section of the library, under call number TX551.D56. Please ask library staff for assistance in locating additional DRI material.

Access to Journals & Periodicals @ Brescia

Brescia has a number of journals and periodicals in the area of Food and Nutrition, housed in our library. Go to the periodical section to see a complete list of what we own, sorted by title, and call number. For online access, go to www.lib.uwo.ca and

Search articles, journals and databases and select your area of interest. You may also click on Databases by title.

Use these databases to find journal articles in the area of Foods and Nutrition, and health sciences.

- Agricola
- EMBASE
- Expanded Academic ASAP
- IBIDS
- Medline - OVID
- Nutrition Abstracts and Reviews
- Physical Education Index
- PubMed (1966 – current)
- ProQuest
- Scholar's Portal
- SciFinder Scholar
- SocINDEX

Styles Guides and Writing Aids @ Brescia

For further assistance with citing, go to: <http://www.brescia.uwo.ca/academics/library/research/index.html>

- **Publication Manual of the American Psychological Association (APA)**
BF76.7.P67 2010 (Reference, no loan)
- **APA Style Guide to Electronic References**
PN171.F56A63 2007 (Reference, no loan)
- **MLA Handbook for Writers of Research Papers**
PN147.G43 2009 (Reference, no loan)
- **Columbia Guide to Online Style**
PN171.F56W18 2006 (Reference, no loan)
- **Scientific Style and Format: the CSE Manual for Authors, Editors and Publishers**
Q180.3S41 2006 (Reference, no loan)
- **AMA Manual of Style (American Medical Association)**
R119.A47 2007 (Reference, no loan)
- **Designing Clinical Research, 3rd ed.**
R853.C55D45 2007 (Reference, no loan; also available online)
- **Publishing and Presenting Clinical Research, 2nd ed.**
R1193.R88 2006 (Brescia stacks, for loan)
- **Canadian Journal of Dietetic Practice and Research Guide for Authors:**
http://www.dietitians.ca/public/content/research/guide_for_authors.asp
- **Journal of Nutrition Instruction for Authors:**
http://jn.nutrition.org/misc/ifora_5-ref-format-shtml
- **Citation Guides for Electronic Resources**
<http://archive.ifla.org/1/training/citation/citing.htm>

Online Resources (World Wide Web)

Agriculture and Agri-Food Canada	http://www.agr.gc.ca/
Arbor Nutrition Guide	http://arborcom.com/
American College of Nutrition	http://www.americancollegeofnutrition.org/
American Dietetic Association	http://eatright.org/
American Medical Association	http://www.ama-assn.org/
American Society for Nutrition	http://www.nutrition.org/
Best Start: Ontario's Early Child Resource Centre	http://beststart.org/
Canada's Food Guide	http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/index-eng.php
Canadian Council of Food and Nutrition	http://www.ccfm.ca/
Canadian Food Inspection Agency	http://inspection.gc.ca
Canadian Health Network: Public Health	http://www.phac-aspc.gc.ca/chn-rccs/index-eng.php
Canadian Medical Association	http://www.cma.ca/
Canadian Restaurant and Foodservice Association	http://crfa.ca
Children's Nutrition Research Centre	http://www.bcm.edu/cnrc/
College of Dieticians of Ontario	http://www.cdo.on.ca/en/
Council for Responsible Nutrition	http://www.crnusa.org/
Dieticians of Canada	http://www.dietitians.ca/
Fightbac: Partnership for Food Safety Education	http://www.canfightbac.org/en/
Health Canada (Food & Nutrition info)	http://www.hc-sc.gc.ca/fn-an/index-eng.php
Institute of Food Technologists	http://www.ift.org/cms/
Institute of Medicine	http://www.iom.edu/
International Food Information Council	http://www.foodinsight.org/
Islamic Food and Nutrition Council of America	http://www.ifanca.org/index.php
Mayo Clinic	http://www.mayoclinic.com/
Merck Manual Medical Library	http://www.merck.com/mmhe/index.html
National Dairy Council	http://www.nationaldairycouncil.org/NationalDairyCouncil/
Nutrition.gov	http://nutrition.gov
Nutrition Analysis Tools and System	http://nat.illinois.edu/
Nutrition Resource Centre	http://www.nutritionrc.ca/
Pediatric Nutrition Practice Group (of ADA)	http://www.pnpg.org/
Stedman's Medical Dictionary	http://www.stedmans.com/
Teach Nutrition	http://www.teachnutrition.org/