



## 3340A Family Resilience

### Family Studies and Human Development

#### School of Behavioural and Social Sciences

In the event of a COVID-19 resurgence during the course that necessitates the course moving away from in-person delivery, course content may be delivered online either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at their convenience). There may also be changes to any remaining assessments at the discretion of the course instructor. In the event of a COVID-19 resurgence, detailed information about the impact on this course will be communicated by the Office of the Dean and by the course instructor.

<b>Course:</b>	3340A
<b>Section:</b>	530
<b>Term:</b>	Fall
<b>Year:</b>	2022
<b>Class Time:</b>	Wednesdays 11:30am – 2:30pm
<b>Course Location:</b>	BR 2001A

#### Instructor Information:

<b>Name:</b>	Bridget DeMarchi
<b>E-mail:</b>	bdemarc@uwo.ca
<b>Office hours:</b>	By appointment via over zoom
<b>Office location:</b>	TBD

#### Course Description:

This course explores the topic of family resilience, using a strengths-based perspective to examine how and why some families are able to survive and rebound from adversity, trauma, or persistent challenges over the life course, while others do not.

**Course Antirequisite(s):** None

**Course Prerequisite(s):** 1.0 Family Studies and Human Development courses at the 2000 level, or 1.0 former Family Studies courses at the 2000 level, or permission of instructor.

#### Required Course Materials

Walsh, Froma. (2016, 3rd Ed.). *Strengthening Family Resilience*. New York: The Guilford.  
ISBN 9781462529865

### **Attendance and Participation:**

Participation means not only attendance, but an active engagement in the class, throughout the entire class. Students who miss classes or parts of classes are responsible for the material they have missed. Instructors are not obliged to review the contents of lectures, repeat announcements or retain notes, handouts or overheads.

Any student who, in the opinion of the instructor, is absent too frequently from class or laboratory periods in any course will be reported to the Dean of the Faculty offering the course or Chair of the department (after due warning has been given). On the recommendation of the Department concerned, and with the permission of the Dean of that Faculty, **the student will be debarred from taking the regular examination in the course.** The Dean of the Faculty offering the course will communicate that decision to the Dean of the Faculty of registration.

*I consider 'absent too frequently' to be the 3<sup>rd</sup> unexcused absence.*

### **Learning Outcomes: by the end of this course, students will:**

1. Identify and explain the foundations of family resilience approaches, perspectives, and models.
2. Demonstrate knowledge of primary family processes in resilience and the application of practice principles to increase family capacities to overcome adversity.
3. Demonstrate an understanding and awareness of cultural diversity of families and the ways that families use to cope with stress and adversity arising from life transitions, life dynamics and socio-economic changes in a micro- and macro-context.
4. Analysis and summarization of problem-solving skills that facilitate families through crisis or prolonged challenges
5. Demonstration of oral communication skills for synthesizing Family Studies knowledge & presenting succinctly, accurately and coherently.
6. Conceptualize family resilience using genograms, cultural maps and mapping.
7. Define and explain reconnection and reconciliation in healing relational wounds.
8. Describe and explain challenges and resilience across the family life cycle using a developmental systems perspective.

### **Brescia Competencies**

**Communication:** the ability to exchange information and meaning across cultures, space, and time appropriately and correctly. This competency includes oral, written, and interpersonal communication, and the ability to use current or innovative media.

**Inquiry and Analysis:** the ability to ask questions, examine issues, and reach informed conclusions by breaking down complex issues, exploring evidence, and describing relationships among persons, things or events.

**Problem Solving:** the ability to create and execute a strategy to answer a question or achieve a goal. Includes being able to anticipate the consequences of a potential solution, select a strategy among several alternatives, and decide when an acceptable outcome has been reached.

**Self-Awareness & Development:** the ability to draw meaning, knowledge, and value from honest and fair reflection and self-evaluation. Students are able to recognize their emotions and patterns of thinking, their impact on others, and make a commitment to personal growth.

**Critical Thinking:** the ability to engage in thinking characterized by the rational, informed, independent, and open-minded exploration of issues, ideas, and events before accepting or formulating a conclusion.

**Valuing:** the ability to make decisions or choose actions based on the consistent application of principles expressing fundamental values that are accepted on account of reason or spiritual insight.

**Social Awareness and Engagement:** the ability to respect and be open to diversity and social justice. Students take personal responsibility to actively engage in and contribute to creating positive change in local, regional, national, or global communities and societies.

### Expectations of Students:

#### Expectations of students regarding use of OWL:

All course information (power point slides, syllabus, announcements etc.) will be posted to OWL. It is your responsibility to be using / checking the OWL course site on a regular basis.

#### Expectations of students regarding email:

Do	Do Not
Use email for addressing administrative issues: *arranging a time to meet *reporting a class absence *reporting a missed exam or assignment	Do not use email to ask questions about course material, for example, definitions, differences between theoretical perspectives.  Do not use email to ask questions about testable exam content. (See course syllabus)
Use your UWO email account for all email correspondence	Do not use email to ask me what you missed while you were absent from class. (Consult the course syllabus or a classmate)
Ensure that before you've emailed me, you've checked the course syllabus for the information you are about to request. If available on syllabus, I will re-direct you back to syllabus.	Do not use email to submit any assignments. Assignments are due on OWL under "assignment tab"

Please note that given the nature of this course and possible disclosure of personal information please refrain from sharing others' personal information when outside of the classroom forum.

This class will allow many opportunities for class interaction and discussions and I encourage and welcome your active participation. Although we may not always agree with each other, we will treat each other with respect, consideration and warmth.

### **Expectations for student learning:**

The course involves a large commitment of student participation and reading on your own. You are advised to attend to every lecture and view every media presentation, as well as participate in class activities at various levels. Missed lectures and any material given in class are the responsibility of the student, not the professor. There will NOT be any make-up examinations nor extra work for grade improvement. Power points are **not** sufficient study material for exam purposes.

### **Expectations of students regarding missed exams:**

Students, who do not write the examination as indicated in the class schedule, will **NOT** be allowed to write a make-up examination unless the steps under academic accommodation have been followed.

If you are absent for an examination and intend to seek academic accommodation, **I require that you send me an email notification the same day that you miss the test**, barring an exceptional extenuating circumstance.

Similarly, missed assignments or participation marks may not be made up later and will result in the reduction of marks unless you receive academic accommodation through an Academic Advisor.

### **Copyright and Intellectual Property**

PowerPoint lecture slides and notes, lists of readings, in-class activities, assignment guidelines, and other components of the course materials are typically the intellectual property of the instructor. Unauthorized reproduction through audio-recording, video-recording, photographing, sharing on social media, or posting on course-sharing websites is an infringement of copyright and is prohibited. Such action may be considered a Code of Conduct violation and lead to sanctions.

### **Academic Accommodation:**

For course components, worth 10% or more of the total course grade, please see the Academic Policies and Regulations section at the end of this course outline or consult the Academic Calendar.

For course components, worth less than 10% of the total course grade, documentation will be required. Medical or other supporting documentation should be submitted to your Academic Advisor.

### **Exam and Assignment Evaluations:**

Reading assigned chapters in full is the expectation for examination purposes. Do **not** rely only on power point slides. There will **not** be any make-up examinations or extra work for purpose of improving grades.

**Evaluation Breakdown:**

Component	Weight	Date/Deadline	Learning Outcome	Brescia Competencies
<b>Midterm Exam</b>	35%	Oct 19	1, 2, 3, 4, 8	Critical thinking, problem solving level 3
<b>Final Exam: non-cumulative</b>	35%	To be set by office of registrar	1, 2, 3, 4, 5, 6, 7, 8	Communication, Critical Thinking, Inquiry and Analysis, Problem Solving, Self-Awareness and Development, level 3
<b>Group Presentations</b>	Dates As assigned on OWL	Nov 9, 16, 23, 30	2, 3, 4, 5	Critical Thinking, Communication, Self-Awareness & Development; Problem Solving level 3
<b>Individual Reflection Paper – from your group presentation</b>	One week after your presentation date	Nov 16, 30, Dec 7	2, 3, 4, 5	Communication, Critical Thinking, Self-Awareness and Development, Valuing level 3

**Course Content:**

**Sequence of course:** Topics will be covered in the order listed and dates listed are meant as a guideline.

Weekly Class Organizer:

Class/Topic	Date	Description	Assignments and/or Readings Due
<b>1</b>	Sept 14	Course Introduction & expectations Foundations of a Family Resilience Approach	Walsh CH 1

2	Sept 21	Family Diversity and Complexity in a Changing World: Varied Challenges and Pathways in Resilience Belief Systems: The Heart and Soul of Resilience	Walsh CH 2  Walsh CH 3
3	Sept 28	Organizational Processes: Relational and Structural Supports	Walsh CH 4
4	Oct 5	Communication Processes: Facilitating Meaning Making, Mutual Support, and Problem Solving	Walsh CH 5
5	Oct 12	Assessing Family Resilience: Useful Maps for Practice and Research Practice Principles and Guidelines to Strengthen Family Resilience	Walsh CH 6 Walsh CH 7
6	Oct 19	<b>Exam (35%) – all course materials, all course and lecture content from Sept 14 – Oct 12 inclusive</b>	
7	Oct 26	Challenges and Resilience over the Family Life Cycle: A Developmental Systems Perspective	Walsh CH 9
8	Nov 2	Reading Week – No classes	
9	Nov 9	Loss, Recovery, and Resilience  <b>Group Presentations</b>	Walsh CH 10

	Nov 16	Traumatic Loss and Collective Trauma: Strengthening Family and Community Resilience Additional Trauma Resources <b>Group Presentations</b>	Walsh CH 11 Posted to OWL
<b>10</b>	Nov 23	Serious Illness and Disabilities: Family Challenges and Resilience <b>Group Presentations</b>	Walsh CH 12
<b>11</b>	Nov 30	Nurturing Resilience in Vulnerable, Multi-Stressed Families <b>Group Presentations</b>	Walsh CH 13
<b>12</b>	Dec 7	Reconnection and Reconciliation: Healing Relational Wounds	Walsh CH 14

### **For students with Accommodations through Accommodated Exam Services**

Each exam is a timed assessment. If you are a student with accommodations please ensure your accommodations are active on the Accommodated Exam website <https://studentservices.uwo.ca/Accommodatedexamsignup/> for this course **the required number of days before the assessment** to ensure that AES has enough time to schedule your exam with them.

## 2022-23 Brescia University College Academic Policies and Regulations

### 1. Policy Regarding Academic Accommodation

The complete policy regarding Accommodation for Illness - Undergraduate Students can be found at [https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_135](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_135)

Students who have long-term or chronic medical conditions which may impede their ability to complete academic responsibilities should seek Academic Accommodation through Student Accessibility Services ([https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_10](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_10)).

Personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are not grounds for academic accommodation.

Students who experience an illness or extenuating circumstance sufficiently severe to temporarily render them unable to meet academic requirements may submit a request for academic consideration through the following routes:

1. For medical absences, submitting a Student Medical Certificate (SMC) signed by a licensed medical or mental health practitioner;
2. For non-medical absences, submitting appropriate documentation (e.g., obituary, police report, accident report, court order, etc.) to their Academic Advisor. Students are encouraged to contact their Academic Advisor to clarify what documentation is acceptable.

### Request for Academic Consideration for a Medical Absence

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation must be made through an Academic Advisor and include supporting documentation.

Academic accommodation for illness will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete their academic responsibilities. Minor ailments typically treated by over-the-counter medications will not normally be accommodated.

The following conditions apply for students seeking academic accommodation on medical grounds:

1. Students must submit their Student Medical Certificate (SMC) along with a request for relief specifying the nature of the accommodation being requested no later than two business days after the date specified for resuming responsibilities. An SMC can be downloaded from [https://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/medicalform.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf);



2. In cases where there might be an extended absence or serious issue, students should submit their documentation promptly and consult their Academic Advisor for advice during their recovery period;
3. Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, scheduled tests or examinations, and other academic requirements;
4. Students must communicate with their instructors no later than 24 hours after the end of the period covered by the SMC to clarify how they will fulfil the academic expectations they may have missed during the absence;
5. Appropriate academic accommodation will be determined by the Dean's Office/Academic Advisor in consultation with the course instructor(s). Academic accommodation may include extension of deadlines, waiver of attendance requirements, arranging Special Exams (make-ups), re-weighting course requirements, or granting late withdrawal without academic penalty.

## 2. Academic Concerns

If you feel that you have a medical or personal challenge that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds are not normally considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult your Academic Advisor ([https://brescia.uwo.ca/enrolment\\_services/academic\\_advising/book\\_an\\_appointment.php](https://brescia.uwo.ca/enrolment_services/academic_advising/book_an_appointment.php)). If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines; please contact your Academic Advisor or see the list of sessional dates in the Academic Calendar (<https://www.westerncalendar.uwo.ca/SessionalDates.cfm?SelectedCalendar=Live&ArchiveID=>).

You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

## 3. Absences

**Short Absences:** If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

Please note that for asynchronous online courses, attendance or participation requirements maybe different than for synchronous or in-person courses.

**Extended Absences:** If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work, and arrange academic accommodations if appropriate and warranted.

It is important to note that the Academic Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory

([https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&SelectedCalendar=Live&ArchiveID=#Page\\_64](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&SelectedCalendar=Live&ArchiveID=#Page_64)).

#### **4. Scholastic Offences**

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence at:

[https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_20](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_20).

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Scholastic Discipline for Undergraduate Students in the Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Academic Dean's Office, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

#### **Plagiarism:**

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com.

#### **Computer-marked Tests/exams:**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. **Software**

currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

## **5. Procedures for Appealing Academic Evaluations**

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal is to be sent to the School Chair. If the response of the Chair is considered unsatisfactory to the student, they may then submit a written appeal to the Office of the Dean. If the student is not satisfied with the decision of the Dean, they may appeal to the Senate Review Board Academic (SRBA), if there are sufficient grounds for the appeal and if the matter falls within the jurisdiction of the SRBA. For information on academic appeals consult your Academic Advisor or see the Student Academic Appeals – Undergraduate in the Academic Calendar

[https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_14](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_14).

Note that final course marks are not official until the Academic Dean has reviewed and signed the final grade report for the course. If course marks deviate from acceptable and appropriate standards, the Academic Dean may require grades to be adjusted to align them with accepted grading practices.

## **6. Prerequisites**

Unless you have either the prerequisites for a course or written Special Permission from the Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisite(s).

## **7. Support**

Support Services

The Brescia University College Registrar's website, with a link to Academic Advisors, is at <http://brescia.uwo.ca/academics/registrar-services/>. Students can access supports through Brescia's Student Life Centre (<http://brescia.uwo.ca/life/student-life/>) and Learning Development & Success at Western (<https://www.uwo.ca/sdc/learning/>).

### **Mental Health and Wellness**

Students may experience a range of issues that can cause barriers to your learning, such as increased anxiety, feeling overwhelmed, feeling down or lost, difficulty concentrating and/or lack of motivation. Services are available to assist you with addressing these and other concerns you may be experiencing. You can obtain information about how to obtain help for yourself or others through Health & Wellness at Brescia, <https://brescia.uwo.ca/student-life/health-and-wellness/index.php>

and Health and Wellness at Western, [http://uwo.ca/health/mental\\_wellbeing/index.html](http://uwo.ca/health/mental_wellbeing/index.html).

### **Sexual Violence**

All members of the Brescia University College community have a right to work and study in an environment that is free from any form of sexual violence. Brescia University College recognizes that the **prevention of, and**

response to, Sexual Violence is of particular importance in the university environment. Sexual Violence is strictly prohibited and unacceptable and will not be tolerated. Brescia is committed to preventing Sexual Violence and creating a safe space for anyone in the Brescia community who has experienced Sexual Violence.

If you or someone you know has experienced any form of Sexual Violence, you may access resources at [https://brescia.uwo.ca/safe\\_campus/sexual\\_violence/index.php](https://brescia.uwo.ca/safe_campus/sexual_violence/index.php).

Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy, and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.