



**BRESCIA UNIVERSITY COLLEGE**

**2022- 2023**

**Psychology 3375F, Section 530**

**Introduction to Counselling and Psychotherapy**

**Dick Shugar, MSc**

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**COURSE DESCRIPTION**

This course will present an overview of psychological theory that provides the basis for professional counselling and psychotherapy, as well as hands-on exercises to illustrate the core components of the helping relationship. Topics include: major theoretical systems and their associated strategies; various processes and techniques of therapeutic counselling; outcome measurement and evidence-based practice; ethics and professional issues.

**PREREQUISITES:** At least 0.5 Psychology course in Research Methods at the 2000 level or above, and registration in the third or fourth year of Honors Specialization or Honors Double Major in Psychology, or permission of the Department.

**ANTIREQUISITES:** Psychology 3370E; 3371F/G (King's)

**LEARNING OUTCOMES:**

Through readings, lectures, discussions, and hands-on exercises, students will explore the significant issues related to professional counselling and psychotherapy services. By the end of this course, a successful student should be able to:

- Compare the main theories of counselling and psychotherapy  
*(Brescia Competencies: Communication; Critical Thinking; Inquiry and Analysis; Social Awareness; Valuing)*
- Explain the various techniques used in psychotherapy and how each theory differentially guides the specific techniques employed in therapy  
*(Brescia Competencies: Communication; Critical Thinking; Inquiry and Analysis; Problem Solving; Social Awareness; Valuing)*
- Describe the therapeutic process  
*(Brescia Competencies: Communication; Critical Thinking; Inquiry and Analysis; Problem Solving; Social Awareness; Valui*

- Prioritize the important client and therapist variables that affect psychotherapy outcomes  
*(Brescia Competencies: Communication; Critical Thinking; Inquiry and Analysis; Problem Solving; Social Awareness; Valuing)*
- Appraise the importance of the client-therapist relationship  
*(Brescia Competencies: Communication; Critical Thinking; Inquiry and Analysis; Problem Solving; Social Awareness; Self Awareness; Valuing)*
- Justify the importance of professional boundaries  
*(Brescia Competencies: Communication; Critical Thinking; Inquiry and Analysis; Problem Solving; Social Awareness; Self Awareness; Valuing)*
- Recognize the ethical standards that guide the practice of psychotherapists  
*(Brescia Competencies: Communication; Critical Thinking; Inquiry and Analysis; Problem Solving; Social Awareness; Self Awareness; Valuing)*
- Identify personal qualities that may support and/or hinder attempts at being therapeutic for others, and then to relate these qualities to themselves  
*(Brescia Competencies: Communication; Critical Thinking; Inquiry and Analysis; Social Awareness; Self Awareness; Valuing)*

*Students may vary in their competency levels on these abilities. You can expect to acquire these abilities only if you honour all course policies, attend classes regularly, complete all assigned work in good faith and on time, and meet all other course expectations of you as a student.*

### **EXPERIENTIAL PARTICIPATION:**

Students will be encouraged to take a leadership role by participating in periodic role-playing exercises, and will thereby increase their own confidence in sharing feedback and opinions with others. This “Skill Practice” will introduce students to basic counselling techniques and will be scheduled at intervals early in the term. Currently three formal 60 minute sessions have been planned, to take place within regular class times. Student participation in these sessions will form the basis of Written Assignment #1 (see below).

Similar exercises may also occur informally throughout the course, and will be a key component to learning and understanding. Students having any concerns about this participation will have an opportunity to discuss these with the instructor at the beginning of the term.

## COURSE INFORMATION:

This is an In-person course. The components involve direct participation with the Instructor and other class members, however an immediate shift to on-line presentation will be possible if health and safety concerns dictate.

Classes: Mondays 12:30-2:30pm in Room BR-14, and Wednesdays 1:30-2:30pm in BR-2013. Due to safety concerns, if on-line presentation becomes necessary, Instructor-made lecture videos will be posted on the course OWL website. Note that Exams, Discussions, and Skill Practice activities are scheduled along with lectures. If these experiential components encroach too much into lecture time, lecture material may be supplemented with Instructor videos.

Instructor: Dick Shugar, MSc

Email: [rshugar@uwo.ca](mailto:rshugar@uwo.ca)

Office Hours: The Instructor will be available in the Mercato Tuesdays 2:30-3:30pm. Individual meetings are also available by appointment (arranged via direct email to Instructor).

Website: The course website, on OWL, has pages with lecture videos and Powerpoints, a copy of the course outline, test and exam marks, and other information. Students should visit the website several times per week.

## COURSE MATERIALS:

### Textbook:

**Kress, Victoria E.; Seligman, Linda; Reichenberg, Lourie W.**

Theories of Counselling and Psychotherapy: Systems, Strategies and Skills, 5<sup>th</sup> edition. (2021) Pearson Education

Note: This textbook is available in the Western Bookstore as a digital edition (e-PDF)

### Readings:

Discussion and role-playing exercises around particular topics will be scheduled throughout the term. For Discussions, students will also be expected to study supplemental readings, which will be made available on the OWL website.

## CLASS SCHEDULE

Class Dates	Unit	Topic	Readings
Mon Sept. 12	Introduction	Introduction and Overview - What is Counselling?	<b>Chapter 1</b>
Wed Sept 14	Unit 1	Contexts of Effective Treatment	<b>1</b>
Mon Sept 19		Contexts of Effective Treatment	<b>1</b>
Wed Sept 21		<b>Skill Practice</b>	
Mon Sept 26	Unit 2	The First Force in Psychotherapy: Classical Psychoanalysis	<b>2</b>
Wed Sept 28		Discussion 1- Good therapists and Bad therapists: what does "helping" mean, and does the therapist "make you better"?	<b>Goodtherapy.org (2) Bohart &amp; Tallman</b>
Mon Oct 3		The First Force in Psychotherapy: Post and Neo-Freudian Psychoanalytic Therapies	<b>4 (omit chap. 3)</b>

Wed Oct. 5		Skill Practice	
Mon Oct 10		Exam 1 (Chapters 1, 2 and 4)	
Wed Oct.12		Skill Practice	
Mon Oct 17	Unit 3	The Second Force in Psychotherapy: Behaviour Therapy	5
Wed Oct. 19		The Second Force in Psychotherapy: Cognitive Behavioural Therapies	6,7
Mon Oct 24		The Second Force in Psychotherapy: Contemporary Cognitive Therapies	8
Wed Oct 26		Discussion 2 - What is ethical behaviour: preserving confidences and breaking confidences.	Estabrook et al.; Stoll et al; Zur-1
Oct. 31-Nov 6		Reading Week	
Mon Nov. 7		Exam 2 (Chapters 5-8)	
Wed Nov. 9	Unit 4	The Third Force in Psychotherapy: Humanistic-Existential Therapies	9
Mon Nov.14		The Third Force in Psychotherapy: Humanistic-Existential Therapies	10,11
Wed Nov. 16		Discussion 3 – We've Come a Long Way (Maybe) – Does Feminist Therapy have relevance today?	Goodtherapy.org; Brown; Sate!; Mahaney
Mon Nov. 21	Unit 5	The Fourth Force in Psychotherapy: Culture, Context, and Constructivism – Feminist Therapy, Solution Focused Brief Therapy	12,13
Wed Nov. 23		Discussion 4 – Is Psychotherapy scientific? Evidence-based therapy, the Boulder model, and the art of helping.	West & Warchal; Albee; Marzillier Peterson & Park
Mon Nov 28		The Fourth Force in Psychotherapy: Culture, Context, and Constructivism – Family Systems Therapy	14
Wed Nov 30		Discussion 5 – Self Preservation 101 and Counsellor burnout.	Zur-2; Sanz
Mon Dec 5	Unit 6	Integrated and Eclectic Treatment Systems	15
Wed Dec. 7		Solidifying Understanding of Treatment Systems	
		Exam 3, Chapters 9-15 Date TBA	

Topics will be covered in the order given above. Due to the potential for health and safety requirements or updates to scheduling by Brescia, some of the above dates/times are subject to change. The most up-to-date version of this document can be found on OWL. Students should do the assigned reading before that topic is covered on video. In lecture videos, I will discuss those parts of the chapter that I feel are the most

important, most difficult, or the most interesting. For chapters that are on the class schedule, a file will be posted on OWL that will guide you as to which parts of each chapter you are responsible for.

### **ATTENDANCE / PARTICIPATION:**

It is important to maintain engagement in class and to stay up to date, because the amount of material to be covered is substantial. Because contact tracing might be required should any class member become ill, attendance will be taken for any in-person meetings, including Discussions and Skill Practice.

Students are expected to post at least ONE comment, question, or impression of their own to the FORUM on OWL each week, and to respond to one post submitted by another student. The experiential exercises, in-class Discussions and other activities are designed to offer students a variety of learning experiences.

### **DISCUSSIONS:**

“Discussions” are formal sessions designed to address some controversial topics in small groups. Attendance at in-class Discussions is **mandatory**.

There will be five formal Discussion sessions, spaced throughout the term.

Discussions will be scheduled in normal class times, usually at the Wednesday class, and will be worth a total of 20% of the final grade.

Answers to set questions on assigned articles or readings are to be handed in at each Discussion. At times the questions will require some research beyond the specific assigned articles. Discussion marks will include a component for participation; as much as 75% of an assignment mark can be deducted for lateness or non-attendance at Discussion. Discussion groups are pre-assigned by the Instructor. Note that due to the participatory nature of this activity, there is no equivalent make-up if a student does not attend.

### **EVALUATION:**

There will be three two-hour exams, based on the text, lectures and assigned readings. The exams will consist of essay questions that reflect conceptual and application skills, and are not cumulative. All exams and quizzes are Closed Book.

The first two exams will be scheduled in class time, on the Mondays.

**Exam 1** is scheduled for October 10<sup>th</sup>. Questions will be based on material from Units 1-2 (Chapters 1,2 &4). Test 1 contributes 16.67% of your course grade.

**Exam 2** is scheduled for November 7<sup>th</sup>. Questions will be based on material from Unit 3 (Chapters 5-8). Test 2 contributes 16.67% of your course grade.

**Exam 3** will be held during the Final Examination period and would be scheduled by the Registrar’s Office. Exam 3 will be based on Units 4-6 (Chapters 9-15). The exam contributes 16.67% of your course grade.

Additionally, there will be 6 **Unit Quizzes** conducted online (see schedule below) for a maximum of 5% of the final grade. Each quiz will contain 20 multiple-choice questions, and will become available at the beginning of the week assigned.

Students will have two weeks in which to attempt the quiz, with only one attempt allowed. The exception is for the final quiz, which, due to timing, allows only one week. The average grade for the quizzes will determine the contribution to the final grade. It is important to complete every quiz since missing one will significantly affect this average.

Date	Quiz	Date	Quiz
Sept.14-25	UNIT quiz Unit 1	Nov 8-20	UNIT quiz Unit 4
Sept.26 –Oct. 9	UNIT quiz Unit 2	Nov. 21-Dec 4	UNIT quiz Unit 5
Oct. 17-Nov 6	UNIT quiz Unit 3	Dec 5-8	UNIT quiz Unit 6

### WRITTEN ASSIGNMENTS:

**Two written assignments** will be required. *Because this is an essay course, as per Senate Regulations, you must pass the essay component to pass the course. That is, the average mark for your written assignments must be at least 50%.*

**Assignment 1** will count for 10% of the final grade and will be due on Monday, October 24, 2022,

**Assignment 2** will count for 15% of the final grade. This report will be due on Monday, November 28, 2022. Further information for both assignments will be available on the OWL sites.

### Evaluation Summary:

Exam 1 (October 10, 2022)	16.67%
Exam 2 (November 7, 2022)	16.67%
Exam 3 (TBA)	16.67%
Discussions	20% (ie. 4% each)
Written Assignment 1	10%
Written Assignment 2	15%
Unit Quizzes	5%
<i>Total 100%</i>	

### Unit Quizzes

80% average	5%
75%	4
70%	3
65%	2
60%	1
Below 60%	0

Please note that grades **cannot** be adjusted on the basis of need. Your mark in the course will be the mark that you earn. Tests and exams cannot be re-written to obtain a higher mark and there are no extra credit assignments available.

For academic accommodation to be considered for any course component worth less than 10% of the final course grade, it is the responsibility of the student to approach the course instructor(s) in a timely fashion. Documentation may be required to be submitted to the academic advisor. If documentation is required, the request for

accommodation will be decided by the academic advisor in consultation with the instructor. If documentation is not required, the instructor will make the final decision.

The policies governing requests for academic accommodation for course components worth 10% or more of the course grade are outlined in the Academic Policies section included at the end of the course outline.

*Note: In Psychology you are expected to follow the American Psychological Society (APA) guidelines for writing and for acknowledgment of sources, and to use APA referencing format. There is a copy of the APA style manual on reserve in the Brescia Library.*

In keeping with university regulations, failure to attend a test or exam **will result in a mark of zero**, unless documentary evidence of extenuating circumstances is provided. The student must communicate immediately to an Academic Advisor, who will assess the documentary evidence. Social events, travel plans, vacations, misreading the test schedule or sleeping in are not legitimate reasons for missing a test. Only under special circumstances will a student be allowed to write a make-up test. The instructor must be notified of any such case as soon as possible, and the student request a make-up. If the instructor allows a make-up test, the student will be expected to write the test within a week or two after the missed test.

Late submission of assignments will result in a penalty of up to 10% of assignment mark per day and late submissions will not be marked after the fifth day, unless evidence of extenuating circumstances has been provided. All submissions must be typed or clearly hand-written. Illegible handwritten submissions will not be accepted.

**N.B. There will be no re-taking of tests/examinations nor extra work available for the purpose of improving grades.** You must plan to study and prepare well in advance of examinations. The course involves a fair amount of reading on your own. It is best to read text sections before the corresponding lectures. You are advised to attend every lecture - especially as in this course attendance for discussions is mandatory. If you are unable to attend a discussion session, arrange to be excused in advance. Missing lectures is the responsibility of the student. Should you be absent you are advised to find out what material you missed and make arrangements to catch up on that material. It is pointless to come to any instructor at the end of the term to plead for a higher grade on grounds that you had problems (personal or academic). Deal with problems as soon as they arise - see someone, take action - no-one will think less of you for doing so; in fact it shows intelligence and sense of personal responsibility.

## 2022-23 BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS

### 1. POLICY REGARDING ACADEMIC ACCOMMODATION

The complete policy regarding Accommodation for Illness - Undergraduate Students can be found at

[https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_135](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_135)

Students who have long-term or chronic medical conditions which may impede their ability to complete academic responsibilities should seek Academic Accommodation through Student Accessibility Services

([https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_10](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_10)).

Personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are **not** grounds for academic accommodation.

Students who experience an illness or extenuating circumstance sufficiently severe to temporarily render them unable to meet academic requirements may submit a request for academic consideration through the following routes:

1. For medical absences, submitting a **Student Medical Certificate (SMC)** signed by a licensed medical or mental health practitioner;
2. For non-medical absences, submitting **appropriate documentation** (e.g., obituary, police report, accident report, court order, etc.) to their Academic Advisor. Students are encouraged to contact their Academic Advisor to clarify what documentation is acceptable.

#### Request for Academic Consideration for a Medical Absence

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation **must** be made through an Academic Advisor and include supporting documentation.

Academic accommodation for illness will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete their academic responsibilities. Minor ailments typically treated by over-the-counter medications will not normally be accommodated.

The following conditions apply for students seeking academic accommodation on medical grounds:

1. Students must submit their Student Medical Certificate (SMC) along with a request for relief specifying the nature of the accommodation being requested no later than two business days after the date specified for resuming responsibilities. An SMC can be downloaded from [https://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/medicalform.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf);
2. In cases where there might be an extended absence or serious issue, students should submit their documentation promptly and consult their Academic Advisor for advice during their recovery period;
3. Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, scheduled tests or examinations, and other academic requirements;



4. Students **must** communicate with their instructors **no later than 24 hours** after the end of the period covered by the SMC to clarify how they will fulfil the academic expectations they may have missed during the absence;
5. Appropriate academic accommodation will be determined by the Dean's Office/Academic Advisor in consultation with the course instructor(s). Academic accommodation may include extension of deadlines, waiver of attendance requirements, arranging Special Exams (make-ups), re-weighting course requirements, or granting late withdrawal without academic penalty.

## 2. ACADEMIC CONCERNS

If you feel that you have a medical or personal challenge that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds are not normally considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult your Academic Advisor

([https://brescia.uwo.ca/enrolment\\_services/academic\\_advising/book\\_an\\_appointment.php](https://brescia.uwo.ca/enrolment_services/academic_advising/book_an_appointment.php)). If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines; please contact your Academic Advisor or see the list of sessional dates in the Academic Calendar

(<https://www.westerncalendar.uwo.ca/SessionalDates.cfm?SelectedCalendar=Live&ArchiveID=>).

You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

## 3. ABSENCES

**Short Absences:** If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

Please note that for asynchronous online courses, attendance or participation requirements maybe different than for synchronous or in-person courses.

**Extended Absences:** If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work, and arrange academic accommodations if appropriate and warranted.

It is important to note that the Academic Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory ([https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&SelectedCalendar=Live&ArchiveID=#Page\\_64](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&SelectedCalendar=Live&ArchiveID=#Page_64)).

## 4. SCHOLASTIC OFFENCES

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence at: [https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_20](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_20).

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials,

impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Scholastic Discipline for Undergraduate Students in the Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Academic Dean's Office, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

### **Plagiarism:**

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com.

### **Computer-marked Tests/exams:**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

## **5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS**

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal is to be sent to the School Chair. If the response of the Chair is considered unsatisfactory to the student, they may then submit a written appeal to the Office of the Dean. If the student is not satisfied with the decision of the Dean, they may appeal to the Senate Review Board Academic (SRBA), if there are sufficient grounds for the appeal and if the matter falls within the jurisdiction of the SRBA. For information on academic appeals consult your Academic Advisor or see the Student Academic Appeals – Undergraduate in the Academic Calendar [https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_14](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_14).

Note that final course marks are not official until the Academic Dean has reviewed and signed the final grade report for the course. If course marks deviate from acceptable and appropriate standards, the Academic Dean may require grades to be adjusted to align them with accepted grading practices.

## **6. PREREQUISITES**

Unless you have either the prerequisites for a course or written Special Permission from the Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisite(s).

## 7. SUPPORT

### Support Services

The Brescia University College Registrar's website, with a link to Academic Advisors, is at <http://brescia.uwo.ca/academics/registrar-services/>. Students can access supports through Brescia's Student Life Centre (<http://brescia.uwo.ca/life/student-life/>) and Learning Development & Success at Western (<https://www.uwo.ca/sdc/learning/>).

### Mental Health and Wellness

Students may experience a range of issues that can cause barriers to your learning, such as increased anxiety, feeling overwhelmed, feeling down or lost, difficulty concentrating and/or lack of motivation. Services are available to assist you with addressing these and other concerns you may be experiencing. You can obtain information about how to obtain help for yourself or others through **Health & Wellness at Brescia**, [https://brescia.uwo.ca/student\\_life/health\\_and\\_wellness/index.php](https://brescia.uwo.ca/student_life/health_and_wellness/index.php) and **Health and Wellness at Western**, [http://uwo.ca/health/mental\\_wellbeing/index.html](http://uwo.ca/health/mental_wellbeing/index.html).

### Sexual Violence

All members of the Brescia University College community have a right to work and study in an environment that is free from any form of sexual violence. Brescia University College recognizes that the prevention of, and response to, Sexual Violence is of particular importance in the university environment. Sexual Violence is strictly prohibited and unacceptable and will not be tolerated. Brescia is committed to preventing Sexual Violence and creating a safe space for anyone in the Brescia community who has experienced Sexual Violence.

If you or someone you know has experienced any form of Sexual Violence, you may access resources at [https://brescia.uwo.ca/safe\\_campus/sexual\\_violence/index.php](https://brescia.uwo.ca/safe_campus/sexual_violence/index.php).

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Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy, and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.

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