

Introduction to Clinical Psychology
School of Behavioural and Social Sciences

<p><i>Course Information</i> Psychology 2301B, Section 530 Term: Winter 2023 In-person lectures:<ul style="list-style-type: none">Monday: 11:30am-12:30pmWednesday: 11:30am-1:30pmCourse Location:</p>	<p><i>Instructor Information</i> Name: Sheldon Hill E-mail: shill63@uwo.ca Office hours: Email the instructor to book an appointment. Office location: Virtual appointments only.</p>
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Course Description

This course offers a survey of major topics in clinical psychology, including assessment and intervention approaches; experimental psychopathology; ethical, professional and theoretical issues; and emerging trends.

Prerequisite: A mark of at least 60% in 1.0 credits of Psychology at the 1000 level.

Antirequisite: Psychology 3301F/G.

Course Materials

The required course readings are from the below textbook, with additional readings on OWL as optional readings. Students are responsible for reading all assigned readings from the textbook and are encouraged to read the chapters prior to the lecture that they are assigned for.

Hunsley, J. & Lee, C. M. (2017). *Introduction to Clinical psychology: An evidence-based approach* (4th Ed.). Etobicoke, ON: Wiley.

Print copies of the above text are available at the UWO bookstore. This text will be available on 2-hour reserve at the Beryl Ivey Library.

Learning Outcomes

By the end of the course, students should be able to:

- Understand the profession of clinical psychology, and explain how it differs from other related fields.
- Understand the professional and practical considerations of the role of a clinical psychologist.
- Understand the foundations of engaging in research in the clinical psychology field.
- Understand the purpose of assessment and diagnosis for psychological disorders. Remember and understand a variety of assessment measures, and evaluate when a measure should be used.
- Understand the various interventions that are employed in clinical psychology, and apply this knowledge to various psychology disorders and concerns.
- Apply their understanding of assessment, diagnosis and prevention to a case study, cohering their knowledge.

Brescia Competencies

- **Critical Thinking:** The case study assignment is meant to foster an environment for critical thought and reflection.
- **Inquiry and Analysis:** The learning of the course content is rooted in reading, questioning and compiling information in a way that allows for both retention of information and cohesion of separate topics. The midterms and final exam assess this competency.
- **Problem Solving:** The case study assignment requires the application of problem-solving skills.
- **Self-Awareness and Development:** Considering the course material in relation to the learner will encourage self-reflection and insight generation.

Teaching Methodology and Expectations of Students

- The content of the course will be predominantly delivered as a lecture format, with a discussion-based group assignment to allow for peer teaching and learning.
- Students are expected to attend lecture and engage with the class in a respectful manner.
- If students must miss class, they are encouraged to connect with their peers for notes. While the instructor will make himself available for meetings in office hours, this is not to be used as a time to have the instructor teach the missed material.
- Notifications about the course that must be communicated between classes will be done via the OWL account. As such, it is encouraged that students have OWL notifications turned on.

Evaluation

- **Midterm #1** is weighted at 20% and is scheduled for in-class on February 1st. This covers all lecture material from the January 9th to January 30th lectures, as well as chapters one to four of the textbook. The midterm is multiple choice and short answer.
- The **group discussion** is a multi-part assessment and signing up for dates will be done early in the term.
 - Each group will be provided with a topic to lead the class in for discussion purposes. This component makes up 15% of the final grade and one group mark will be given. The group will be assessed as a group based on:
 - preparation,
 - ability to lead the discussion and,
 - application of the course material in the discussion.
 - Each group will submit a summary of the discussion to be submitted within 24 hours of the end of the class where the discussion occurred. While there is no page expectation, students are encouraged to consider what information would be valuable to be presented based on the discussion. This component makes up 15% of the final grade and one group mark will be given.
 - Individuals will be assessed on participation in the discussion in class, which will make up 10% of their final grade.
- The **final exam** is weighted at 40% and will be scheduled by the Registrar's Office. This exam covers all lecture material from the March 13th to April 10th lectures, as well as chapters eleven to fifteen of the textbook. The midterm is multiple choice and short answer.

Course Schedule

Lecture Dates	Topics	Assignments and Readings
January 9/11	Introduction	Chapter 1: The Evolution of Clinical Psychology Chapter 2: Contemporary Clinical Psychology
January 16/18	Diagnosis	Chapter 3: Classification and Diagnosis
January 23/25	Research and Ethics	Chapter 4: Research Methods in Clinical Psychology
January 30	Review	
February 1	Midterm (20%)	
February 6/8	Assessment	Chapter 5: Assessment Overview Chapter 6: Interviewing and Observation
February 13/15	Assessment	Chapter 7: Intellectual and Cognitive Measures Chapter 8: Self-report and Projective Measures
February 20/22	Reading Week!	
February 27/March 1	Assessment	Chapter 9: Integration and Clinical Decision-Making
March 6/8	Prevention	Chapter 10: Prevention Group Discussion #1
March 13/15	Intervention	Chapter 11: Intervention Overview Group Discussion #2
March 20/22	Intervention	Chapter 12: Adults and Couples Chapter 13: Children and Adolescents Group Discussion #3
March 27/29	Intervention	Chapter 14: Identifying Key Elements of Change Group Discussion #4
April 3/5	Special Topics	Chapter 15: Clinical Health Psychology, Clinical Neuropsychology, and Forensic Psychology Group Discussion #5
April 10	Exam Review	

2022-23 BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS

1. POLICY REGARDING ACADEMIC ACCOMMODATION

The complete policy regarding Accommodation for Illness - Undergraduate Students can be found at https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_135

Students who have long-term or chronic medical conditions which may impede their ability to complete academic responsibilities should seek Academic Accommodation through Student Accessibility Services (https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_10).

Personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are **not** grounds for academic accommodation.

Students who experience an illness or extenuating circumstance sufficiently severe to temporarily render them unable to meet academic requirements may submit a request for academic consideration through the following routes:

1. For medical absences, submitting a **Student Medical Certificate (SMC)** signed by a licensed medical or mental health practitioner;
2. For non-medical absences, submitting **appropriate documentation** (e.g., obituary, police report, accident report, court order, etc.) to their Academic Advisor. Students are encouraged to contact their Academic Advisor to clarify what documentation is acceptable.

Request for Academic Consideration for a Medical Absence

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation **must** be made through an Academic Advisor and include supporting documentation.

Academic accommodation for illness will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete their academic responsibilities. Minor ailments typically treated by over-the-counter medications will not normally be accommodated.

The following conditions apply for students seeking academic accommodation on medical grounds:

1. Students must submit their Student Medical Certificate (SMC) along with a request for relief specifying the nature of the accommodation being requested no later than two business days after the date specified for resuming responsibilities. An SMC can be downloaded from https://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf;
2. In cases where there might be an extended absence or serious issue, students should submit their documentation promptly and consult their Academic Advisor for advice during their recovery period;
3. Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, scheduled tests or examinations, and other academic requirements;
4. Students **must** communicate with their instructors **no later than 24 hours** after the end of the period covered by the SMC to clarify how they will fulfil the academic expectations they may have missed during the absence;
5. Appropriate academic accommodation will be determined by the Dean's Office/Academic Advisor in consultation with the course instructor(s). Academic accommodation may include extension of

deadlines, waiver of attendance requirements, arranging Special Exams (make-ups), re-weighting course requirements, or granting late withdrawal without academic penalty.

2. ACADEMIC CONCERNS

If you feel that you have a medical or personal challenge that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds are not normally considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult your Academic Advisor (https://brescia.uwo.ca/enrolment_services/academic_advising/book_an_appointment.php). If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines; please contact your Academic Advisor or see the list of sessional dates in the Academic Calendar (<https://www.westerncalendar.uwo.ca/SessionalDates.cfm?SelectedCalendar=Live&ArchiveID=>).

You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

3. ABSENCES

Short Absences: If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

Please note that for asynchronous online courses, attendance or participation requirements may be different than for synchronous or in-person courses.

Extended Absences: If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work, and arrange academic accommodations if appropriate and warranted.

It is important to note that the Academic Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory (https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&SelectedCalendar=Live&ArchiveID=#Page_64).

4. SCHOLASTIC OFFENCES

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence at: https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_20.

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Scholastic Discipline for Undergraduate Students in the Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Academic Dean's Office, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

Plagiarism:

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com.

Computer-marked Tests/exams:

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal is to be sent to the School Chair. If the response of the Chair is considered unsatisfactory to the student, they may then submit a written appeal to the Office of the Dean. If the student is not satisfied with the decision of the Dean, they may appeal to the Senate Review Board Academic (SRBA), if there are sufficient grounds for the appeal and if the matter falls within the jurisdiction of the SRBA. For information on academic appeals consult your Academic Advisor or see the Student Academic Appeals – Undergraduate in the Academic Calendar

https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_14.

Note that final course marks are not official until the Academic Dean has reviewed and signed the final grade report for the course. If course marks deviate from acceptable and appropriate standards, the Academic Dean may require grades to be adjusted to align them with accepted grading practices.

6. PREREQUISITES

Unless you have either the prerequisites for a course or written Special Permission from the Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisite(s).

7. SUPPORT

Support Services

The Brescia University College Registrar's website, with a link to Academic Advisors, is at <http://brescia.uwo.ca/academics/registrar-services/>. Students can access supports through Brescia's

Student Life Centre (<http://brescia.uwo.ca/life/student-life/>) and Learning Development & Success at Western (<https://www.uwo.ca/sdc/learning/>).

Mental Health and Wellness

Students may experience a range of issues that can cause barriers to your learning, such as increased anxiety, feeling overwhelmed, feeling down or lost, difficulty concentrating and/or lack of motivation. Services are available to assist you with addressing these and other concerns you may be experiencing. You can obtain information about how to obtain help for yourself or others through **Health & Wellness at Brescia**, https://brescia.uwo.ca/student_life/health_and_wellness/index.php and **Health and Wellness at Western**, http://uwo.ca/health/mental_wellbeing/index.html.

Sexual Violence

All members of the Brescia University College community have a right to work and study in an environment that is free from any form of sexual violence. Brescia University College recognizes that the prevention of, and response to, Sexual Violence is of particular importance in the university environment. Sexual Violence is strictly prohibited and unacceptable and will not be tolerated. Brescia is committed to preventing Sexual Violence and creating a safe space for anyone in the Brescia community who has experienced Sexual Violence.

If you or someone you know has experienced any form of Sexual Violence, you may access resources at https://brescia.uwo.ca/safe_campus/sexual_violence/index.php.

Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy, and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.
