

# Course Outline – Psych. 2410B, Introduction to **Developmental Psychology**

## **School of Behavioural and Social Sciences**

In the event of a COVID-19 resurgence during the course that necessitates the course moving away from in-person delivery, course content may be delivered online either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at their convenience). There may also be changes to any remaining assessments at the discretion of the course instructor. In the event of a COVID-19 resurgence, detailed information about the impact on this course will be communicated by the Office of the Provost and by the course instructor.

#### General Information

Course #: 2410B Section #: 530 Term: Winter Year: 2022-2023 Delivery: In person.

Course Day and Time: Mondays 11:30 am - 12:30 pm and Wednesdays 11:30 am - 1:30 pm.

Mon. Room 201, Wed. Room 202, St. James building. Course Location:

## **Instructor Information**

Name: Dr. Anne Barnfield E-mail: abarnfie@uwo.ca

Telephone number for office: (519) 432 8353 ext. 28246

Office hours for students: Tuesdays, 9:39 - 10:30 am; Thursdays 1:30 - 2:30 pm.

Office location: Room 306, Ursuline Hall

## CA or Lab Instructor Information (None)

## Course Description

## **Introduction to Developmental Psychology**

A survey of theory and research in developmental psychology including: learning, cognition, perception, personality, and social development in infancy and childhood.

Antirequisite(s): Psychology 2040A/B, Psychology 2480E, Health Sciences 2700A/B, and the former Psychology 2044.

**Prerequisite(s):** At least 60% in a 1000 level Psychology course.

Extra Information: 2 lecture hours, 1 tutorial hour (Main); 3 lecture hours (Brescia, King's).

Course Weight: 0.50

Note: Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you will be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

## **Required Course Materials**

Textbook (ISBN 9780136728047):

Kail, R.V. and Barnfield, A. M. C. (2022). *Children and their development: Fifth Canadian edition*. Toronto, Ontario, Canada: Pearson Education Canada.

## UWO Book Store link:

https://bookstore.uwo.ca/textbook-

search?campus=BR&term=W2022B&courses%5B0%5D=530 BR/PSY2410B

Pearson education site for textbook purchase access:

https://www.pearson.com/en-ca/subject-catalog/p/children-and-their-development-canadian-edition/P20000002690/9780137683710

Online access link: <a href="https://console.pearson.com/enrollment/lqamf9">https://console.pearson.com/enrollment/lqamf9</a>

Students will also be expected to study <u>supplemental readings</u>, which will be distributed in class or made available via the course OWL site. Do check the course site "resources" folders!

## **Optional Course Materials**

Any ancillary materials offered by the publisher to go with the course textbook are <u>optional</u>. I have set up the "Revel" site to allow access to all ancillaries, but these are <u>not</u> required (e.g., end-of-chapter tests), just there for you to use for studying if you wish.

## Learning Outcomes and Brescia Competencies

By the end of this course, among other skills, students should (note: competency levels in brackets):

- be able to describe the physical growth, emotional, cognitive and social development of the child and to integrate this knowledge in an overall understanding of human development.
  - Competencies: Critical thinking (2); Inquiry and Analysis (2-3); Social Development Cognitive Dev. (3); Self-Awareness and Development (2); Valuing (2).
- understand and be able to compare and contrast the basic themes and main theories in developmental psychology.
  - Competencies: Critical thinking (2); Social Development Cognitive Development (3); Valuing (2)
- explain the main research designs and techniques used in developmental psychology and their uses.
  - Competencies: Communication (2-3); Critical thinking (2); Problem Solving (2)
- be able to critically analyse research articles in developmental psychology.

  \*Competencies: Critical thinking (2); Inquiry and Analysis (2-3); Social Development –

  \*Cognitive Development (3)
- describe how developmental psychology can influence public policy.

  \*Competencies: Critical thinking (2); Social Awareness and Engagement (2); Valuing (2)

#### Notes:

- (i) "Students may vary in their competency levels on these outcomes. They can expect to achieve these outcomes if they honor course policies, attend classes regularly, complete all assigned work in good faith and on time, and meet all other course expectations of them as students" (Nilson, 2010, p.37).
- (ii) For information about the Brescia Competencies, see: <a href="https://brescia.uwo.ca/about/competency\_based\_learning/index.php">https://brescia.uwo.ca/about/competency\_based\_learning/index.php</a>

## Teaching Methodology and Expectations of Students

This course will provide an overview of child development from infancy up to adolescence. The course will consist of lectures and class discussions. There will be a general survey of theory and research in developmental psychology, with focus on the biological, psychological and social processes of growth and change.

## Course Website and Emails

Registered students will see the course listed on the course OWL site. Information, handouts, PowerPoint slides, etc., will be posted to the course site. It is the student's responsibility to check the site regularly. You are also required to have an active UWO email account and to use this or to link it to your regularly used email address. Please note that the primary form of contact for this course will be announcements on OWL, also delivered as email. You must, therefore, make sure that your UWO email account is functioning. Note also that official communications from the university are sent to students' registered UWO email addresses. Not using UWO email is not considered an excuse for not receiving such notifications.

You are responsible for checking the course OWL site and your UWO email on a regular basis for information including requirements for this course. Not receiving an announcement because your email is over quota or a message did not forward from your UWO email account, or because you did not check your email in a timely fashion will <u>not</u> be accepted as an excuse for missing a deadline or failing to complete a course responsibility.

## <u>Contacting the Instructor – Dr. Barnfield</u>

If you need to ask questions it is better to talk to me, so come and see me at classes or in my office. You may also telephone the Brescia number given above (if I am not in, leave a message). If you choose to use email to contact me, please note that a reply may not be immediate. I do have other responsibilities, and you need allow time for an email to be received and dealt with; this usually will be within 24 hours.

#### Copyright and Intellectual Property

PowerPoint lecture slides and notes, lists of readings, in-class activities, assignment guidelines, and other components of the course materials are typically the intellectual property of the instructor. Unauthorized reproduction through audio-recording, video-recording, photographing, sharing on social media, or posting on course-sharing websites is an infringement of copyright and is prohibited. Such action may be considered a Code of Conduct violation and lead to sanctions.

#### **Evaluation**

There will be one two-hour test and a final exam, based on the text, lectures and additional (non-discussion) readings. The test and exam will consist of multiple-choice questions and short essay questions and are not cumulative. Attendance at in-class discussions is mandatory. There will be four discussion sessions, usually held during the <u>Tuesday</u> lecture period. Answers to set questions on a particular topic or an assigned article or reading are to be handed in at each discussion. Discussion marks will include a component for participation; 10 % of assignment mark will be deducted for non-attendance at discussion. Further information regarding the discussions will be given during classes, in September. *Note: The short assignments, in-class discussions and other activities are designed to offer students a variety of learning experiences.* 

(Information continues  $\rightarrow$ )

#### **Evaluation Breakdown:**

Component	Weight	Date/Deadline	Learning Outcome	Brescia Competencies
Mid-term test (2 hours)	40 %	March 1st	1 - 6	1 - 5
Discussion papers (N = 4)	20 % (i.e., 5 % each)	Jan. 18 <sup>th</sup> , Feb. 15 <sup>th</sup> , Mar. 15 <sup>th</sup> , Mar. 29 <sup>th</sup>	1 - 6	1 - 5
Final exam (2 hours)	40%	Final Exam Period	1 - 6	1 - 5

#### Academic Accommodation

For course components worth 10% or more of the total course grade, please see the Academic Policies and Regulations section at the end of this course outline or consult the Academic Calendar.

For academic accommodation to be considered for any course component worth <u>less than 10%</u> of the final course grade, it is the responsibility of the student to approach the course instructor(s) in a timely fashion. Documentation may be required to be submitted to the academic advisor. If documentation is required, the request for accommodation will be decided by the academic advisor in consultation with the instructor. If documentation is not required, the instructor will make the final decision. It is the student's responsibility to be familiar with all policies and regulations.

In keeping with university regulations, failure to attend a test or exam **will result in a mark of zero**, unless documentary evidence of extenuating circumstances is provided. Social events, travel plans, vacations, misreading the test schedule or sleeping in are not legitimate reasons for missing a test. Only under special circumstances will a student be allowed to write a make-up test. The instructor must be notified of any such case as soon as possible, and the student request a make-up. If the instructor allows a make-up test, the student will be expected to write the test within a week or two after the missed test (usually on the Friday afternoon of the week following the test).

#### Late Policy

Due dates in this course will be strictly enforced. Work to be turned in (hard copy required) is due at the class meeting. Items that are submitted after a class has ended will be considered late and subject to a 10% mark deduction. For example, for a Thursday due date:

Work submitted after class time on Thursday, later that day: -10%; Work submitted Friday: -20%; Work submitted Monday: -60% (N.B. weekends count as 2 days!)

All work submitted after a class meeting has ended must be delivered to me personally, either at my office or at a subsequent class. DO NOT put papers under my office door; papers found there will not be accepted. As noted above, you are expected to submit assignments in class, on the due dates as per this course outline. Students should not submit late assignments to the Brescia welcome desk staff or staff at the Hive either – this is not their responsibility.

Late submission of assignments will result in a penalty of 10% of assignment mark per day and late submissions will not be marked after the fifth day, unless evidence of extenuating circumstances has been provided. All submissions must be typed or <u>clearly</u> hand-written. Illegible handwritten submissions will <u>not</u> be accepted.

(Information continues  $\rightarrow$ )

**Discussions:** If you have a valid reason for missing one of the discussions you should let me know in advance if possible (e.g., doctor's appointment; interview) - and request accommodation. In such cases medical or other documentation may not be required. See also the policy pages, following.

**N.B. There will be <u>no</u> re-taking of tests/examinations nor extra work available for the purpose of improving grades.** You must plan to study and prepare well in advance of examinations. The course involves a fair amount of reading on your own. It is best to read text sections <u>before</u> the corresponding lectures. You are advised to attend every lecture - especially as in this course attendance for discussions is <u>mandatory</u>. If you are unable to attend a discussion session, arrange to be excused <u>in advance</u>. Missing lectures is the responsibility of the student. Should you be absent you are advised to find out what material you missed and make arrangements to catch up on that material. It is pointless to come to any instructor at the end of the term to plead for a higher grade on grounds that you had problems (personal or academic). Deal with problems as soon as they arise - see someone, take action - no-one will think less of you for doing so; in fact, such action shows intelligence and a sense of personal responsibility.

## Senate Regulations

Senate regulations require that students' attention be directed to the information regarding issues such as plagiarism and course antirequisites. See the policies and regulations pages at the end of this outline and check the UWO calendar for further details. Again, it is your responsibility to familiarize yourself with any such regulations.

**Note:** In Psychology you are expected to follow the American Psychological Society (APA) guidelines for writing and for acknowledgement of sources, and to use APA referencing format. Further information on use of APA style will be given in class. There is also a copy of the APA style manual on reserve in the Brescia library. (See also: <a href="https://apastyle.apa.org/">https://apastyle.apa.org/</a>)

Also note that anything copied word-for-word, even a phrase, without acknowledgement of the original author and/or source is <u>plagiarism</u> – a serious academic offence. Copying would not be acceptable in a grade school and certainly is not acceptable at the university level.

#### **Course Content**

As noted previously: This course will provide an overview of child development from infancy up to adolescence. The course will consist of lectures and some class discussions. There will be a general survey of theory and research in developmental psychology, with focus on the biological, psychological and social processes of growth and change.

In this course we will take a "topical" perspective of child development. This means following development through childhood across specific areas of development. Where appropriate, different concepts within those topic areas will be discussed; e.g., Piagetian, Vygotskian and Information Processing theories of cognitive development. The course structure follows the textbook chapter sequence, through different aspects of development. Only module 8.1 of Chapter 8 will not be covered directly, as this basic information on concepts of intelligence is well covered in the Introductory Psychology courses (feel free to read that part of the chapter, however!).

Topics will be covered in the order listed, however dates listed are meant as a guideline. Please note that this listing is to provide an idea of when topics are scheduled to be covered; over the course of the term lectures may move ahead of, or fall behind, the absolute dates.

Week	Dates	Description	Assignments and/or Readings	
		e.g., topic, content	Text chs./Readings (on OWL site)	
1	Jan. 9 <sup>th</sup> Jan. 11 <sup>th</sup>	Introduction and Overview Historical perspective/Research	Ch. 1	
2	Jan. 16 <sup>th</sup> Jan. 18 <sup>th</sup>	Research strategies Prenatal development; Discussion 1	Ch. 1 Ch. 2; Norma Rose Point School (2016)	
3	Jan. 23 <sup>rd</sup> & 25 <sup>th</sup>	Prenatal development, cont.	Chs. 2 & 3	
4	Jan. 30 <sup>th</sup> Feb. 1 <sup>st</sup>	Visit to YMCA Uni. Daycare Centre Physical growth	<b>During class time.</b> Ch. 4	
5	Feb. 6 <sup>th</sup> Feb. 8 <sup>th</sup>	Physical growth Sensation and perception	Chs. 4 Ch. 5	
6	Feb. 13 <sup>th</sup> Feb. 15 <sup>th</sup>	Sensation & perception, cont.  Discussion 2; Cognitive development	Ch. 5; Mondloch et al. (2013) Chs. 6, 7.2, 7.3	
7	Feb. 20 <sup>th</sup> & 22 <sup>nd</sup>	Winter Reading Week – no classes		
8	Feb. 27 <sup>th</sup> March 1 <sup>st</sup>	Cognitive development, cont.  Mid-term Test – during class time, in Auditorium	Ch. 6, modules 7.2, 7.3 Chs. 1 to 6, modules 7.2, 7.3	
9	Mar. 6 <sup>th</sup> Mar. 8 <sup>th</sup>	Memory Language	Module <b>7.1</b> Ch. 9	
10	Mar. 13 <sup>th</sup> Mar. 15 <sup>th</sup>	Language Discussion 3; Emotion	Ch. 9 Jacob et al. (2018); Ch. 10	
11	Mar. 20 <sup>th</sup> & 22 <sup>nd</sup>	Emotion	Ch. 10	
12	Mar. 27 <sup>th</sup> Mar. 29 <sup>th</sup>	Self & Moral development Self & Moral dev. cont.; <i>Discussion 4</i>	Chs. 11 & 12; Lavrič & Naterer (2020)	
13	April 3 <sup>rd</sup> April 5 <sup>th</sup>	Gender Family & Socio-cultural influences	Ch. 13 Ch. 14	
14	April 10 <sup>th</sup>	Family & Socio-cultural influences, cont.	Ch. 14, & module <b>7.4</b>	
	Date TBA	Final Exam	Chs. 9, 10, 11, 12, 13, 14, plus modules 7.1 & 7.4	

Fall term classes end on Dec. 8th. Exam period is Dec. 10th to 22nd, when **Final Exam** will be held – date TBA.

All articles for discussions are to be found on the class OWL site. It is strongly recommended that you take copies of the articles with you to the relevant discussions. Additional material may be distributed in class - for reading and/or in-class discussions.

#### 2022-23 Brescia University College Academic Policies and Regulations

#### 1. POLICY REGARDING ACADEMIC ACCOMMODATION

The complete policy regarding Accommodation for Illness - Undergraduate Students can be found at

https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page 135

Students who have long-term or chronic medical conditions which may impede their ability to complete academic responsibilities should seek Academic Accommodation through Student Accessibility Services

(<a href="https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&Sel">https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&Sel</a> ectedCalendar=Live&ArchiveID=#Page\_10).

Personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are **not** grounds for academic accommodation.

Students who experience an illness or extenuating circumstance sufficiently severe to temporarily render them unable to meet academic requirements may submit a request for academic consideration through the following routes:

- 1. For medical absences, submitting a **Student Medical Certificate** (**SMC**) signed by a licensed medical or mental health practitioner;
- 2. For non-medical absences, submitting **appropriate documentation** (e.g., obituary, police report, accident report, court order, etc.) to their Academic Advisor. Students are encouraged to contact their Academic Advisor to clarify what documentation is acceptable.

## Request for Academic Consideration for a Medical Absence

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation **must** be made through an Academic Advisor and include supporting documentation.

Academic accommodation for illness will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete their academic responsibilities. Minor ailments typically treated by over-the-counter medications will not normally be accommodated.

The following conditions apply for students seeking academic accommodation on medical grounds:

- 1. Students must submit their Student Medical Certificate (SMC) along with a request for relief specifying the nature of the accommodation being requested no later than two business days after the date specified for resuming responsibilities. An SMC can be downloaded from https://www.uwo.ca/univsec/pdf/academic\_policies/appeals/medicalform.pdf:
- In cases where there might be an extended absence or serious issue, students should submit their documentation promptly and consult their Academic Advisor for advice during their recovery period;
- 3. Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, scheduled tests or examinations, and other academic requirements;

- 4. Students **must** communicate with their instructors **no later than 24 hours** after the end of the period covered by the SMC to clarify how they will fulfil the academic expectations they may have missed during the absence;
- 5. Appropriate academic accommodation will be determined by the Dean's Office/Academic Advisor in consultation with the course instructor(s). Academic accommodation may include extension of deadlines, waiver of attendance requirements, arranging Special Exams (make-ups), re-weighting course requirements, or granting late withdrawal without academic penalty.

#### 2. ACADEMIC CONCERNS

If you feel that you have a medical or personal challenge that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds are not normally considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult your Academic Advisor

(<a href="https://brescia.uwo.ca/enrolment\_services/academic\_advising/book\_an\_appointment.php">https://brescia.uwo.ca/enrolment\_services/academic\_advising/book\_an\_appointment.php</a>). If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines; please contact your Academic Advisor or see the list of sessional dates in the Academic Calendar (<a href="https://www.westerncalendar.uwo.ca/SessionalDates.cfm?SelectedCalendar=Live&ArchiveID="https://www.westerncalendar.uwo.ca/SessionalDates.cfm?SelectedCalendar=Live&ArchiveID="https://www.westerncalendar.uwo.ca/SessionalDates.cfm?SelectedCalendar=Live&ArchiveID="https://www.westerncalendar.uwo.ca/SessionalDates.cfm?SelectedCalendar=Live&ArchiveID="https://www.westerncalendar.uwo.ca/SessionalDates.cfm">https://www.westerncalendar.uwo.ca/SessionalDates.cfm</a>?SelectedCalendar=Live&ArchiveID=).

You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.* 

#### 3. ABSENCES

**Short Absences:** If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

Please note that for asynchronous online courses, attendance or participation requirements maybe different than for synchronous or in-person courses.

**Extended Absences:** If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work, and arrange academic accommodations if appropriate and warranted.

It is important to note that the Academic Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory

(https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&SelectedCalendar=Live&ArchiveID=#Page\_64).

#### 4. SCHOLASTIC OFFENCES

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence at: <a href="https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page 20">https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page 20</a>.

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Scholastic Discipline for Undergraduate Students in the Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Academic Dean's Office, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

## Plagiarism:

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com.

#### Computer-marked Tests/exams:

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

#### 5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal is to be sent to the School Chair. If the response of the Chair is considered unsatisfactory to the student, they may then submit a written appeal to the Office of the Dean. If the student is not satisfied with the decision of the Dean, they may appeal to the Senate Review Board Academic (SRBA), if there are sufficient grounds for the appeal and if the matter falls within the jurisdiction of the SRBA. For information on academic appeals consult your Academic Advisor or see the Student Academic Appeals – Undergraduate in the Academic Calendar

https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\_14.

Note that final course marks are not official until the Academic Dean has reviewed and signed the final grade report for the course. If course marks deviate from acceptable and appropriate standards, the Academic Dean may require grades to be adjusted to align them with accepted grading practices.

#### 6. PREREQUISITES

Unless you have either the prerequisites for a course or written Special Permission from the Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisite(s).

## 7. SUPPORT

## **Support Services**

The Brescia University College Registrar's website, with a link to Academic Advisors, is at <a href="http://brescia.uwo.ca/academics/registrar-services/">http://brescia.uwo.ca/academics/registrar-services/</a>. Students can access supports through Brescia's Student Life Centre (<a href="http://brescia.uwo.ca/life/student-life/">http://brescia.uwo.ca/life/student-life/</a>) and Learning Development & Success at Western (<a href="https://www.uwo.ca/sdc/learning/">https://www.uwo.ca/sdc/learning/</a>).

#### **Mental Health and Wellness**

Students may experience a range of issues that can cause barriers to your learning, such as increased anxiety, feeling overwhelmed, feeling down or lost, difficulty concentrating and/or lack of motivation. Services are available to assist you with addressing these and other concerns you may be experiencing. You can obtain information about how to obtain help for yourself or others through Health & Wellness at Brescia, <a href="https://brescia.uwo.ca/student\_life/health\_and\_wellness/index.php">https://brescia.uwo.ca/student\_life/health\_and\_wellness/index.php</a> and Health and Wellness at Western, <a href="https://uwo.ca/health/mental\_wellbeing/index.html">https://uwo.ca/health/mental\_wellbeing/index.html</a>.

## **Sexual Violence**

All members of the Brescia University College community have a right to work and study in an environment that is free from any form of sexual violence. Brescia University College recognizes that the prevention of, and response to, Sexual Violence is of particular importance in the university environment. Sexual Violence is strictly prohibited and unacceptable and will not be tolerated. Brescia is committed to preventing Sexual Violence and creating a safe space for anyone in the Brescia community who has experienced Sexual Violence.

If you or someone you know has experienced any form of Sexual Violence, you may access resources at https://brescia.uwo.ca/safe\_campus/sexual\_violence/index.php.

Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy, and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.