

## Course Outline – FN3450F: Food For Thought

### School of Food and Nutritional Sciences

In the event of a COVID-19 resurgence during the course that necessitates the course moving away from in-person delivery, course content may be delivered online either synchronously (i.e., at the times indicated in the timetable) or asynchronously (e.g., posted on OWL for students to view at their convenience). There may also be changes to any remaining assessments at the discretion of the course instructor. In the event of a COVID-19 resurgence, detailed information about the impact on this course will be communicated by the Office of the Provost and by the course instructor.

#### General Information

Course #: FN3450F  
Section #: 530  
Term: Fall  
Year: 2022  
Course Day and Time: Monday 6:30pm-9:30pm  
Course Location: BR-304

#### Instructor Information

Name: Dr. Lucien Lamoureux  
E-mail: llamour2@uwo.ca  
Telephone number for office appointments: 519-702-6517 (cell)  
Office hours for students: Mondays, 12:30 pm - 2:30 pm  
Office location: I'll be meeting students in the Huron Dining Room

#### Course Description

An introductory course in philosophy of food that engages students to think and write critically about topics such as cannibalism, veganism, genetic modification, marketing, and personal responsibility.

**Prerequisite(s):** Foods and Nutrition 1070A/B or Foods and Nutrition 1030E or Foods and Nutrition 1021 and Foods and Nutrition 1241A/B or Foods and Nutrition 2241A/B.

Students enrolled prior to fall 2019 may enroll in this course if they were registered in year 3 or 4 of the following: BScFN Honours Specialization in Nutrition and Dietetics, Honours Specialization in Food Science and Technology, Specialization in Foods and Nutrition or permission of the Division.

**Extra Information:** 3 lecture hours.

## Required Course Materials

Custom Course Pack. (available at UWO bookstore)

Food Ethics, 2nd ed., Pojman, Paul, and Katie McShane, Wadsworth, Cengage Learning (2017).

Writing Philosophy: A Guide for Canadian Students, 2<sup>nd</sup> ed., Vaughn, Lewis and Scott McIntosh, Jillian, Oxford University Press (2012).

## Learning Outcomes

Philosophy awakens students to deep questions about who they are and how they relate to the world. It expands their set of personal interests and promotes openness to competing perspectives as well as life decisions based upon critical and reflective thinking.

Upon successful completion of this course, students will be able to demonstrate Brescia Competencies by being able to:

1. Describe a variety of metaphysical conceptions of food as well as the major ethical theories and the central theories of justice that influence discourse about food (Valuing).
2. Apply abstract theories of ethics and justice to concrete situations related to food production, consumption and distribution (Valuing, Critical Thinking, Self Awareness and Development, Social Awareness and Engagement).
3. Discuss competing points of view on food issues that impact life on earth (Valuing, Critical Thinking, Self Awareness and Development, Social Awareness and Engagement and Communication)
4. Evaluate conflicting philosophical arguments related to these issues (Valuing, Critical Thinking).
5. Formulate well-reasoned solutions to practical dilemmas inherent in food decisions (Valuing, Critical Thinking, Problem Solving)
6. Persuade others of a well-reasoned stance or action (Valuing, Critical Thinking, Problem Solving, Communication).
7. Demonstrate effective writing and skillful critical and reflective thinking (Communication).

Students may vary in their competency levels on these outcomes. They can expect to achieve these outcomes if they honour course policies, attend classes regularly, complete all assigned work in good faith and on time, and meet all other course expectations of them as students.

## Brescia Competencies

### **Communication**

The ability to exchange information and meaning across cultures, space, and time appropriately and correctly. This competency includes oral, written, and interpersonal communication, and the ability to use current or innovative media.

### **Critical Thinking**

The ability to engage in thinking characterized by the rational, informed, independent, and open-minded exploration of issues, ideas, and events before accepting or formulating a conclusion.

### **Inquiry and Analysis**

The ability to ask questions, examine issues, and reach informed conclusions by breaking down complex issues, exploring evidence, and describing relationships among persons, things, or events.

### **Problem Solving**

The ability to create and execute a strategy to answer a question or achieve a goal. Includes being able to anticipate the consequence of a potential solution, select a strategy among several alternatives, and decide when an acceptable outcome has been reached.

### **Self-Awareness and Development**

The ability to draw meaning, knowledge and value from honest and fair reflection and self-evaluation. Students are able to recognize their emotions and patterns of thinking, their impact on others, and make a commitment to personal growth.

### **Social Awareness and Engagement**

The ability to respect and be open to diversity (e.g. cultural, religious, political) and social justice. Students take personal responsibility to actively engage in and contribute to creating positive change in local, regional, national, or global communities and societies.

### **Valuing**

The ability to make decisions or choose actions based on the consistent application of principles expressing fundamental values that are accepted on account of reason or spiritual insight.

## **ICDEP Competencies**

The ICDEP were created by The Partnership for Dietetic Education and Practice (PDEP), a network of professionals from education, regulatory, and professional bodies/associations across Canada. There are 7 inter-related Domains (areas) of Practice Competencies: Food and Nutrition Expertise, Professionalism and Ethics, Communication and Collaboration, Management and Leadership, Nutrition Care, Population Health Promotion, and Food Provision.

For more information on ICDEP competencies please visit the [UWO OWL FN UNDERGRADUATE RESOURCES AND INFORMATION](#) site.

## **Teaching Methodology and Expectations of Students**

3 lecture hours/week; .05 course.

Lectures will be integrated with reading materials, visual presentations, individual and group cases or discussions. Please turn off all electronic devices that are not being used for educational purposes, for the duration of the class.

## Copyright and Intellectual Property

Webinars, PowerPoint lecture slides and notes, lists of readings, in-class activities, assignment guidelines, and other components of the course materials are typically the intellectual property of the instructor. Unauthorized reproduction through audio-recording, video-recording, photographing, sharing on social media, or posting on course-sharing websites is an infringement of copyright and is prohibited. Such action may be considered a Code of Conduct violation and lead to sanctions.

## Evaluation

### Class Participation

The 10% grade for class participation is awarded on the basis of attendance and discussion of assigned readings, as well as discussion of assignments during the class in which they are due. This grade will be allocated as follows:

*September 12 – October 24: 5%*

*November 7 – December 5: 5%*

### Case Studies

Questions concerning a specific case scenario will be assigned 4 times in the term. Answers totalling no more than 2 double-spaced pages are to be submitted for each assignment. The 15% grade for case studies is awarded on the basis of the clarity and persuasiveness of the answers, and is allocated as follows:

<i>Case Study</i>	<i>Date Due</i>	<i>Grade</i>
<i>#1</i>	<i>September 19</i>	<i>2%</i>
<i>#2</i>	<i>October 3</i>	<i>3%</i>
<i>#3</i>	<i>November 7</i>	<i>5%</i>
<i>#4</i>	<i>November 28</i>	<i>5%</i>

### Papers

The first paper is due November 11; the second paper is due December 2.

Format: 5 double-spaced pages. Additional details will be provided. Hardcopy to be submitted in class on the due date.

Plagiarism Check: Essays must also be submitted electronically to OWL on the due date.

Late Penalties: For the first essay only, hardcopies may be submitted after the due date subject to a 5% penalty per calendar day. Essays will not be graded until they have been submitted to OWL; essays not submitted to OWL by the date of the final exam will not receive a grade.

Marking Criteria: Each paper will be graded out of 50 according to the following criteria:

1. Understanding: How well does the author understand and make judicious use of the relevant course material? How well does s/he understand the complexity of the issues involved? [15 marks]
2. Argument: Does the author use cogent arguments to support his or her position? Do the claims made in different parts of the paper follow from one another and are they consistent? [15 marks]
3. Clarity: Is the author’s position clear, with an explicitly articulated thesis, and is the paper clearly written overall? Does the paper answer the questions asked? Could another student at the same level who is not enrolled in the course understand the paper? [10 marks]
4. Organization: Does the author reveal a plan for the paper at the outset and does s/he follow that plan? Does the paper have an explicit overall direction? [5 marks]
5. Style: Does the author’s paper use correct grammar and syntax? Have the guidelines for proper format been followed? Has the author cited sources where necessary, following a recognized style? [5 marks]

### Final Exam

The format of the final exam will be multiple choice, short answer and essay. Further details will be provided to the class later in the term.

Evaluation Breakdown:

Component	Weight	Date/ Deadline	Learning Outcome	Brescia Competencies <i>(see page 2 for competencies)</i>
<b>Class Participation</b>	10%	Dec. 5	All	C, CT, SAD, SAE, V
<b>Case Studies</b>	15%	Sept. 19; Oct. 3; Nov. 7, 28	All	C, CT, SAD, SAE, V
<b>First Paper</b>	20%	Nov. 14	All	C, CT, SAD, SAE, V
<b>Second Paper</b>	25%	Dec. 5	All	C, CT, SAD, SAE, V
<b>Final Exam</b>	30%	TBA	All	C, CT, SAD, SAE, V

## Academic Accommodation

For course components worth 10% or more of the total course grade, please see the Academic Policies and Regulations section at the end of this course outline or consult the Academic Calendar.

For course components worth less than 10% of the total course grade, documentation will be required. Medical or other supporting documentation should be submitted to your Academic Advisor.

## Course Content

Topics will be covered in the order listed and any dates listed are meant as a guideline.

Weekly Organizer:

Topic	Date	Readings (Note: "cp" = course pack)	Assignments Due
<b>Introduction</b>	Sept. 12	Kaplan (cp)	
<b>Metaphysics</b> What is Food?		Prince of Wales (cp) Dawkins (cp)	
<b>Ethics</b> Fundamental Concepts and Issues	Sept. 19	Boss (cp) Benedict (cp) Plato (cp)	<b>Case Study #1 (2%)</b>
Theory and Application	Sept. 26	Aristotle (cp) Kant (cp) Bentham (cp)	
Why is it Wrong to Eat Human Animals?	Oct. 3	Irvine (cp) Wisnewski (cp) Lu (cp)	<b>Case Study #2 (3%)</b>
	Oct. 10	<b>Holiday</b>	
Is it Wrong to Eat Non-Human Animals?	Oct. 17	Pojman Ch. 1 Francione (cp)	

The Environment and Ethical Consumption	Oct. 24	Barnett et al. (cp) Pojman pp. 42-54; 151-164; 216-218	
	Oct. 31	<b>Reading Week</b>	
<b>Justice</b> Do We Have an Obligation to Feed the Hungry?	Nov. 7	Pojman pp. 89-98 Nozick (cp) Narvesson (cp)	<b>Case Study #3 (5%)</b>
(continued)	Nov. 14	Singer (cp) Rawls (cp)	<b>Essay #1 (20%)</b>
<b>Issues in Food Production</b> The Public Corporation	Nov. 21	Bakan (cp) Simon (cp) Arendt (cp) Bernstein (cp)	
Personal Responsibility	Nov. 28	Brownell et al. Callahan (cp)	<b>Case Study #4 (5%)</b>
Is Anything Wrong with GMOs?	Dec. 5	Midgley (cp) Pojman pp. 165-17 Comstock (cp)	<b>Essay #2 (25%)</b>

## 2022-23 BRESCIA UNIVERSITY COLLEGE ACADEMIC POLICIES AND REGULATIONS

### 1. POLICY REGARDING ACADEMIC ACCOMMODATION

The complete policy regarding Accommodation for Illness - Undergraduate Students can be found at [https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_135](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_135)

Students who have long-term or chronic medical conditions which may impede their ability to complete academic responsibilities should seek Academic Accommodation through Student Accessibility Services ([https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_10](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_10)).

Personal commitments (e.g., vacation flight bookings, work schedule) which conflict with a scheduled test, exam or course requirement are **not** grounds for academic accommodation.

Students who experience an illness or extenuating circumstance sufficiently severe to temporarily render them unable to meet academic requirements may submit a request for academic consideration through the following routes:

1. For medical absences, submitting a **Student Medical Certificate (SMC)** signed by a licensed medical or mental health practitioner;
2. For non-medical absences, submitting **appropriate documentation** (e.g., obituary, police report, accident report, court order, etc.) to their Academic Advisor. Students are encouraged to contact their Academic Advisor to clarify what documentation is acceptable.

## Request for Academic Consideration for a Medical Absence

When a student requests academic accommodation (e.g., extension of a deadline, a makeup exam) for work representing 10% or more of the student's overall grade in the course, it is the responsibility of the student to provide acceptable documentation to support a medical or compassionate claim. All such requests for academic accommodation **must** be made through an Academic Advisor and include supporting documentation.

Academic accommodation for illness will be granted only if the documentation indicates that the onset, duration and severity of the illness are such that the student could not reasonably be expected to complete their academic responsibilities. Minor ailments typically treated by over-the-counter medications will not normally be accommodated.

The following conditions apply for students seeking academic accommodation on medical grounds:

1. Students must submit their Student Medical Certificate (SMC) along with a request for relief specifying the nature of the accommodation being requested no later than two business days after the date specified for resuming responsibilities. An SMC can be downloaded from [https://www.uwo.ca/univsec/pdf/academic\\_policies/appeals/medicalform.pdf](https://www.uwo.ca/univsec/pdf/academic_policies/appeals/medicalform.pdf);
2. In cases where there might be an extended absence or serious issue, students should submit their documentation promptly and consult their Academic Advisor for advice during their recovery period;
3. Whenever possible, students who require academic accommodation should provide notification and documentation in advance of due dates, scheduled tests or examinations, and other academic requirements;
4. Students **must** communicate with their instructors **no later than 24 hours** after the end of the period covered by the SMC to clarify how they will fulfil the academic expectations they may have missed during the absence;
5. Appropriate academic accommodation will be determined by the Dean's Office/Academic Advisor in consultation with the course instructor(s). Academic accommodation may include extension of deadlines, waiver of attendance requirements, arranging Special Exams (make-ups), re-weighting course requirements, or granting late withdrawal without academic penalty.

## 2. ACADEMIC CONCERNS

If you feel that you have a medical or personal challenge that is interfering with your work, contact your instructor and Academic Advisor as soon as possible. Problems may then be documented and possible arrangements to assist you can be discussed at the time of occurrence rather than on a retroactive basis. Retroactive requests for academic accommodation on medical or compassionate grounds are not normally considered.

If you think that you are too far behind to catch up or that your work load is not manageable, you should consult your Academic Advisor ([https://brescia.uwo.ca/enrolment\\_services/academic\\_advising/book\\_an\\_appointment.php](https://brescia.uwo.ca/enrolment_services/academic_advising/book_an_appointment.php)). If you consider reducing your workload by dropping one or more courses, this must be done by the appropriate deadlines; please contact your Academic Advisor or see the list of sessional dates in the Academic Calendar (<https://www.westerncalendar.uwo.ca/SessionalDates.cfm?SelectedCalendar=Live&ArchiveID=>).



You should consult with the course instructor and the Academic Advisor who can help you consider alternatives to dropping one or more courses. *Note that dropping a course may affect OSAP eligibility and/or Entrance Scholarship eligibility.*

### 3. ABSENCES

**Short Absences:** If you miss a class due to a minor illness or other problems, check your course outline for information regarding attendance requirements and make sure you are not missing a test or assignment. Cover any readings and arrange to borrow notes from a classmate. Contact the course instructor if you have any questions.

Please note that for asynchronous online courses, attendance or participation requirements may be different than for synchronous or in-person courses.

**Extended Absences:** If you have an extended absence, you should contact the course instructor and an Academic Advisor. Your course instructor and Academic Advisor can discuss ways for you to catch up on missed work, and arrange academic accommodations if appropriate and warranted.

It is important to note that the Academic Dean may refuse permission to write the final examination in a course if the student has failed to maintain satisfactory academic standing throughout the year or for too frequent absence from the class or laboratory

([https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&SelectedCalendar=Live&ArchiveID=#Page\\_64](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=5&SelectedCalendar=Live&ArchiveID=#Page_64)).

### 4. SCHOLASTIC OFFENCES

Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence at:

([https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_20](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_20)).

Students are responsible for understanding the nature of and avoiding the occurrence of plagiarism and other academic offences. Note that such offences include plagiarism, cheating on an examination, submitting false or fraudulent assignments or credentials, impersonating a candidate, or submitting for credit in any course without the knowledge and approval of the instructor to whom it is submitted, any academic work for which credit has previously been obtained or is being sought in another course in the University or elsewhere. Students are advised to consult the section on Scholastic Discipline for Undergraduate Students in the Academic Calendar.

If you are in doubt about whether what you are doing is inappropriate or not, consult your instructor, the Academic Dean's Office, or the Registrar. A claim that "you didn't know it was wrong" is not accepted as an excuse.

The penalties for a student guilty of a scholastic offence (including plagiarism) include refusal of a passing grade in the assignment, refusal of a passing grade in the course, suspension from the University, and expulsion from the University.

#### **Plagiarism:**

Students must write their essays and assignments in their own words. Whenever students take an idea or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence.

All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting

plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com.

### **Computer-marked Tests/exams:**

Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating. Software currently in use to score computer-marked multiple-choice tests and exams performs a similarity review as part of standard exam analysis.

## **5. PROCEDURES FOR APPEALING ACADEMIC EVALUATIONS**

All appeals of a grade must be directed first to the course instructor. If the student is not satisfied with the decision of the course instructor, a written appeal is to be sent to the School Chair. If the response of the Chair is considered unsatisfactory to the student, they may then submit a written appeal to the Office of the Dean. If the student is not satisfied with the decision of the Dean, they may appeal to the Senate Review Board Academic (SRBA), if there are sufficient grounds for the appeal and if the matter falls within the jurisdiction of the SRBA. For information on academic appeals consult your Academic Advisor or see the Student Academic Appeals – Undergraduate in the Academic Calendar

[https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page\\_14](https://www.westerncalendar.uwo.ca/PolicyPages.cfm?Command=showCategory&PolicyCategoryID=1&SelectedCalendar=Live&ArchiveID=#Page_14).

Note that final course marks are not official until the Academic Dean has reviewed and signed the final grade report for the course. If course marks deviate from acceptable and appropriate standards, the Academic Dean may require grades to be adjusted to align them with accepted grading practices.

## **6. PREREQUISITES**

Unless you have either the prerequisites for a course or written Special Permission from the Dean to enroll in it, you will be removed from the course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisite(s).

## **7. SUPPORT**

### **Support Services**

The Brescia University College Registrar's website, with a link to Academic Advisors, is at <http://brescia.uwo.ca/academics/registrar-services/>. Students can access supports through Brescia's Student Life Centre (<http://brescia.uwo.ca/life/student-life/>) and Learning Development & Success at Western (<https://www.uwo.ca/sdc/learning/>).

### **Mental Health and Wellness**

Students may experience a range of issues that can cause barriers to your learning, such as increased anxiety, feeling overwhelmed, feeling down or lost, difficulty concentrating and/or lack of motivation. Services are available to assist you with addressing these and other concerns you may be experiencing. You can obtain information about how to obtain help for yourself or others through **Health & Wellness at Brescia**, [https://brescia.uwo.ca/student\\_life/health\\_and\\_wellness/index.php](https://brescia.uwo.ca/student_life/health_and_wellness/index.php) and **Health and Wellness at Western**, [http://uwo.ca/health/mental\\_wellbeing/index.html](http://uwo.ca/health/mental_wellbeing/index.html).

## **Sexual Violence**

All members of the Brescia University College community have a right to work and study in an environment that is free from any form of sexual violence. Brescia University College recognizes that the prevention of, and response to, Sexual Violence is of particular importance in the university environment. Sexual Violence is strictly prohibited and unacceptable and will not be tolerated. Brescia is committed to preventing Sexual Violence and creating a safe space for anyone in the Brescia community who has experienced Sexual Violence.

If you or someone you know has experienced any form of Sexual Violence, you may access resources at [https://brescia.uwo.ca/safe\\_campus/sexual\\_violence/index.php](https://brescia.uwo.ca/safe_campus/sexual_violence/index.php).

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Portions of this document were taken from the Academic Calendar, the Handbook of Academic and Scholarship Policy, and the Academic Handbook of Senate Regulations. This document is a summary of relevant regulations and does not supersede the academic policies and regulations of the Senate of the University of Western Ontario.

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